

RISK ASSESSMENT



1. Activity Description

Centre Stage Dance and Drama Ltd conducts dance and drama classes. These sessions involve a variety of dance styles, including Ballet, Tap, Modern, Contemporary, Urban and Acro, as well as Drama activities that promote creativity and teamwork. Classes are designed to enhance students' physical skills, confidence, and artistic expression in a safe and supportive environment. Each session includes warm-ups, skill development exercises, and group performances, ensuring that students engage both physically and socially while minimising risks associated with physical activity.

2. Locations

- Leatherhead Community Hub
- Oxshott Village Centre
- Cobham United Church
- Oxshott Community Hub
- The Royal Kent School

3. Risk Evaluation

Potential Hazards	Risk Evaluation	Control Measures
<p>Slips, Trips, and Falls:</p> <p>Uneven flooring or loose mats can lead to accidents.</p> <p>Students may also trip over personal belongings or equipment left in the dance area.</p>	Medium Risk	<p>Ensure the area is clear of obstacles and that floors are clean and dry</p> <p>Regularly inspect the dance space for hazards and ensure all personal items are stored away during classes.</p>
<p>Injuries from Dance Movements:</p> <p>Students may experience strains, sprains, or overexertion injuries due to improper technique or attempting advanced moves without adequate preparation.</p>	Medium Risk	<p>Implement a structured warm-up routine and provide clear instructions on technique.</p> <p>Encourage students to listen to their bodies and take breaks as needed.</p>

Potential Hazards	Risk Evaluation	Control Measures
<p>Equipment-Related Injuries:</p> <p>Injuries can occur from the use of props or equipment, such as barres, mats, or sound equipment.</p>	Medium Risk	<p>Ensure all equipment is regularly inspected and maintained.</p> <p>Provide instruction on safe usage of any props or equipment.</p>
<p>Health Risks Related to Physical Activity:</p> <p>Students may face dehydration, heat exhaustion, or other health issues if not properly monitored during intense physical activity.</p>	Medium Risk	<p>Encourage hydration breaks and monitor students for signs of fatigue or distress during sessions.</p>
<p>Emotional and Social Risks:</p> <p>Students may experience anxiety or stress related to performance or peer interactions.</p>	Medium Risk	<p>Foster a supportive environment where students feel comfortable expressing their feelings and encourage positive social interactions.</p>
<p>Fire Hazards:</p> <p>The halls may have fire risks associated with electrical equipment or blocked exits.</p>	Low Risk	<p>Conduct regular fire drills, ensure fire exits are clearly marked and unobstructed, and check that fire safety equipment is in place and functional.</p>

5. Further Control Measures

- Conduct a safety briefing at the beginning of each session.
- Ensure all instructors are trained in first aid and emergency procedures.
- Maintain a clean and organised performance area.
- Have a first aid kit readily available and ensure all staff know its location.
- Obtain parental consent for participation and health information for students.

6. Review Process

This risk assessment will be reviewed annually or after any significant incident or change in activities.